

## Catholic Charities Enterprises: DCOA Congregate Halal Meal Service - November 2014

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Lasagna w/ Meatsauce</p> <p>Vegetable Medley</p> <p>Tossed Salad w/ Dressing</p> <p>Garlic Bread</p> <p>Margarine</p> <p>100% Apple Juice</p>	<p>4</p> <p>Oven Fried Flounder</p> <p>Macaroni and Cheese</p> <p>Collard Greens</p> <p>Tossed Salad w/ Dressing</p> <p>Corn Bread</p> <p>Margarine</p> <p>Banana, Fresh</p>	<p>5</p> <p>Garlic Lemon Chicken</p> <p>Roasted Red Potatoes</p> <p>Mixed Vegetables</p> <p>Caesar Salad w/ Dressing</p> <p>Wheat Dinner Roll</p> <p>Margarine</p> <p>100% Grape Juice</p>	<p>6</p> <p>Stir Fry with Beef</p> <p>Rice</p> <p>Mixed Vegetables</p> <p>Tossed Salad w/ Dressing</p> <p>Egg Roll</p> <p>Margarine</p> <p>Peach Cup</p>	<p>7</p> <p>Curry Chicken Wrap</p> <p>Lettuce and Tomato</p> <p>Carrot Raisin Salad</p> <p>Cobb Salad w/ Dressing</p> <p>Wrap</p> <p>Mayonnaise/Mustard Packet</p> <p>100% Orange Juice</p>
<p>10</p> <p>Beef Taco</p> <p>Lettuce and Tomato</p> <p>Corn</p> <p>Tossed Salad w/ Dressing</p> <p>Tortilla</p> <p>Taco Sauce Packet</p> <p>100% Apple Juice</p>	<p>11</p> <p>Veteran's Day</p>	<p>12</p> <p>Grilled Salmon Burger</p> <p>Lettuce and Tomatoes</p> <p>French Fries</p> <p>Caesar Salad w/ Dressing</p> <p>Bun</p> <p>Tartar Sauce</p> <p>100% Grape Juice</p>	<p>13</p> <p>Curry Chicken</p> <p>Basmati Rice</p> <p>Carrots and Peas</p> <p>Tossed Salad w/ Dressing</p> <p>Wheat Pita Bread</p> <p>Margarine</p> <p>Tropical Fruit Cup</p>	<p>14</p> <p>Roast Beef Sandwich</p> <p>Lettuce and Tomato</p> <p>Cucumber Salad</p> <p>Cobb Salad w/ Dressing</p> <p>Wheat Bread</p> <p>Mayonnaise/Mustard Packet</p> <p>100% Orange Juice</p>
<p>17</p> <p>Tex-Mex Macaroni w/ Ground Beef</p> <p>Sauteed Spinach</p> <p>Tossed Salad w/ Dressing</p> <p>Pita Bread</p> <p>Margarine</p> <p>100% Apple Juice</p>	<p>18</p> <p>BBQ Chicken</p> <p>Potato Salad</p> <p>Steamed Squash</p> <p>Tossed Salad w/ Dressing</p> <p>Wheat Roll</p> <p>Margarine</p> <p>Peach Cup</p>	<p>19</p> <p>Meatloaf</p> <p>Rice</p> <p>Asparagus</p> <p>Caesar Salad w/ Dressing</p> <p>Garlic Bread</p> <p>Margarine</p> <p>100% Grape Juice</p>	<p>20</p> <p>Baked Tilapia</p> <p>Sauteed String Beans</p> <p>Tossed Salad w/ Dressing</p> <p>Wheat Roll</p> <p>Margarine</p> <p>Tropical Fruit Cup</p>	<p>21</p> <p>Tuna Sandwich</p> <p>Lettuce and Tomato</p> <p>Cole Slaw</p> <p>Cobb Salad w/ Dressing</p> <p>Wheat Bread</p> <p>Mayonnaise/Mustard Packet</p> <p>100% Orange Juice</p>
<p>24</p> <p>Grilled Chicken w/ Alfredo Sauce</p> <p>Penne Pasta</p> <p>Steamed Broccoli</p> <p>Tossed Salad w/ Dressing</p> <p>Wheat Bread</p> <p>Margarine</p> <p>100% Apple Juice</p>	<p>25</p> <p>Grilled Salmon</p> <p>CousCous</p> <p>Pickled Beets</p> <p>Tossed Salad w/ Dressing</p> <p>Corn Bread</p> <p>Margarine</p> <p>Banana, Fresh</p>	<p>26</p> <p>Tandoori Chicken</p> <p>Rice with Raisins</p> <p>Chickpeas</p> <p>Caesar Salad w/ Dressing</p> <p>Pita Bread</p> <p>Margarine</p> <p>100% Grape Juice</p>	<p>27</p> <p>Thanksgiving Day</p>	<p>28</p> <p>Turkey on Croissant</p> <p>Lettuce and Tomato</p> <p>Pasta Salad</p> <p>Cobb Salad w/ Dressing</p> <p>Croissant</p> <p>Mayonnaise/Mustard Packet</p> <p>100% Orange Juice</p>